



ACTIVITY NAME	BOOKS WITH YOUR CHILDREN
AGE	FROM 12 TO 24 MONTHS
INSTRUCTIONS FOR THE ACTIVITY	Between 12 and 18 months they can learn to turn pages and understand simple words. Talk to them, in a slow and simple way: you can help them increase their vocabulary. Books should be chosen according to age group and developmental stage. In the first year it is possible to choose sensory books that include different materials and stimuli (textures, sounds, three-dimensional shapes) or large pictures. The most important feature of these books should be to include few but very well-organized stimuli.
MATERIALS, IMAGES AND RELEVANT LINKS	



ACTIVITY NAME	USE BLOCKS, PUZZLES, DOLLS,
AGE	FROM 12 TO 36 MONTHS
INSTRUCTIONS FOR THE ACTIVITY	General indications: Allow your child to explore the toys after you have presented them, allow them to move around and use them according to their taste, even if not always in the way that seems right to you. Include them in the routine of your day.
MATERIALS, IMAGES AND RELEVANT LINKS	 https://www.parentingexperttomom.com/toddlers-cognitive-development-what-to-expect-and-how-to-encourage-it/ https://www.lovelymind.com/#



ACTIVITY NAME	USE CREATIVE MATERIALS
AGE	0-6 years
INSTRUCTIONS FOR THE ACTIVITY	Use finger paints and a large sheet of paper for your child to experiment with using colours and the possibility of acting on objects and having agency. As fine motor skills develop, add tools and refine the material. INSTRUCTIONS 1. the adult chooses the activity to be done (drawing, free creative expression, painting - use various and non-dangerous materials); 2. prepare the different materials; 3. create a delimited environment with the chosen materials; 4. allow the child the freedom to express him/herself and when their attention wanes change the activity.
MATERIALS, IMAGES AND RELEVANT LINKS	



ACTIVITY NAME	TELL STORIES OF THE DAY
AGE	0-6 years
INSTRUCTIONS FOR THE ACTIVITY	Before bed, accompany and encourage your child to tell you about their day. Use simple words and invite them to contribute to the narration. Ask them what the best moment for them was and share it. In doing so, the child will be able to order events into a sequence and start developing a sense of time. Depending on the child's age and language development, the adult's interaction has to be remodeled. At first it is the adult who tells the child about the stages of the day: e.g. this morning we woke up, we had breakfast together, we went to school etc..... Moving on, the adult says fewer things and leaves more space for the child to tell its milestones. If age allows, ask what was the favourite moment of the day for the child to share.
MATERIALS, IMAGES AND RELEVANT LINKS	



ACTIVITY NAME	Calendar
AGE	0-6 years
INSTRUCTIONS FOR THE ACTIVITY	Create a calendar of the week's and day's activities - create it with pictures as in the examples below. The activity allows to organise thinking and creates a time frame by generating cognitive links to action.
MATERIALS, IMAGES AND RELEVANT LINKS	 April - Bugs and Butterflies  Click on the images for full details of each activity www.themagicalminds.com

